

STEPHEN M. PANEBIANCO, M.D.

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www.IntegrativeWellnessMD.com

BOARD CERTIFICATION & FELLOWSHIPS

Integrative Medicine Residential Fellowship, University of Arizona	2005-2006
Board Certified and Diplomat of the American Board of Family Practice	1996-Present
Board Certified and Diplomat of the American Board of Holistic Medicine	2001-Present
Family Medicine Teaching Fellowship, St. Joseph's Hospital, Syracuse, NY	1994-1995

EDUCATION

Bachelor of Science in Biology Georgetown University	August 1982-June 1986
Doctorate of Medicine State University of New York at Buffalo School of Medicine and Biomedical Sciences	August 1986-June 1990
Resident Physician University of California, Irvine Department of Family Medicine	July 1990-June 1992
Resident Physician & Teaching Fellowship St. Joseph's Hospital Department of Family Medicine	July 1993-June 1995
Mindfulness Based Stress Reduction Professional Internship Program Center for Mindfulness in Medicine, Healthcare, & Society University of Massachusetts Medical School	Spring 2005
Astanga Ayurvedic Studies Astanga Ayurveda College, Dr. Subhash Ranade Pune & Mysore, India	Fall 1995
Italian Studies Scuola Palazzo Malvisi Bagno di Romagna, Italy	Summer 1985

PROFESSIONAL EXPERIENCE

Lecturer & Healthcare Business Consultant: Integrative Wellness Consultants, LLC, President 2007-present
Integrative Medicine Physician: Integrative Wellness Associates, Owner 1999-present
Owner & Co-founder Cayuga Heights Center for Wellness & Healing Arts, Ithaca, NY May 2002-September 2006
Medical Legal Consultant for general medicine, integrative medicine & mind/body medicine, 2003-present
Family/Urgent Care Physician: Convenient Care Center, Cayuga Medical Center, Ithaca, NY July 1996-January 2005
Family/Urgent Care Physician, Liverpool, NY and Irvine, CA & vicinity December 1991-September 1995
Clinical Evaluator: Objective Structured Clinical Examination (OSCE), University of CA, Irvine March 1991
Volunteer Physician: Community Clinic of Orange County, Santa Ana, CA July 1991-November 1991
Teaching Assistant: Biology Department, Georgetown University 1986

SPEAKING ENGAGEMENTS (not inclusive)

The Significance of Neuroplasticity & Mirror Neurons in The Practice of Medicine. The Primary Care Research Forum- State University of New York at Buffalo School of Medicine, Buffalo, NY. December 2008.

The Relevance & Practice of Mind-Body Medicine for Patients & Providers. Department of Family & Internal Medicine- State University of New York at Buffalo School of Medicine, Buffalo, NY. December 2008.

Mind-Body Medicine: Whose Body? Whose Mind? Still Symposium. Arizona Biltmore Resort. March 2008.

Commencement Address. Program in Integrative Medicine, University of Arizona, December 2006.

Achieving Your Health Potential Seminar. Chautauqua, NY. July 2006.

The Scope & Breadth of Mind-Body Medicine. Program in Integrative Medicine, University of Arizona, April & October 2006.

Ayurveda: An Ancient Holistic Health System. Department of Health Promotion & Human Movement. Ithaca College, Ithaca, NY. November 2003 & 2004.

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The Role of Integrative Medicine in Today's Healthcare. Grand Rounds- UHS Wilson Family Practice Residency, Johnson City, NY. May 2003

Exploring Integrative Medicine & Ayurveda. Sloan Program for Health Services Administration, Department of Policy Analysis and Management, College of Human Ecology, Cornell University, Ithaca, NY. 2000-2004.

PUBLICATIONS & RESEARCH

Explore: The Journal of Science & Healing. *The Merits and Pitfalls of Vegetarianism*. January 2007.

Ithaca's Healing Arts Directory. Spring 2003. Co-authored and edited directory as President of Board of Directors of Ithaca's Integrative Community Wellness Center. The directory is an educational and information resource for the local community describing 32 complementary and alternative medicine approaches including modality descriptions, written and web resources, and local CAM practitioner and business listings.

Magazine of the American Holistic Medical Association. *As Holistic Practitioners, What Should our Role Truly Be?* Winter 1997: 6.

State University of New York at Buffalo-Department of Family Practice. May-August 1987. This study, which included developing a survey instrument and interviewing 37 professionals, was an effort to gain insight into the components of a successful referral to a psychologist from a family physician. This study entitled "*Physician and Psychologist Beliefs About Factors Influencing Successful Psychotherapy Referrals*" was published in Family Medicine. January-February 1990; 22(1):38-41.

Primary Care Association of Richmond, Virginia. Summer 1988. An analysis of annual health fairs of five community health centers throughout the state of Virginia. The results of this study, which involved on-site visits, two survey instruments, and a statistical analysis, was taken to the Bureau of Health Care Delivery and Assistance and various state-wide organizations to request funding in order to improve health care access for the elderly.

Georgetown University-Department of Biology, Washington, D.C. Spring 1985-Fall 1986. Developmental study of aspartate N-acetyltransferase in the nervous system of rats. This study included a radiolabeled assay, TLC, and gestational and adult brain tissue to further characterize the poorly understood role of the N-acetyl-L-aspartic acid in the brain.

ACADEMIC AWARDS

POST RESIDENCY:

Professor of Physical Diagnosis at S.U.N.Y. Syracuse Medical School, 1994-1995

RESIDENCY:

University of California Irvine's Department of Family Medicine's Silver Stethoscope Award for Outstanding Performance, 1991

MEDICAL SCHOOL:

American Medical Association's Health Promotion Disease Prevention Fellowship, Summer 1988
Department of Family Practice Research Fellowship
SUNY at Buffalo, Summer 1987

UNDERGRADUATE:

Dean's List, Georgetown University, Spring 1982-Spring 1986

PROFESSIONAL ACTIVITIES AND MEMBERSHIPS

Medical Staff, Northwest Medical Center Oro Valley, Oro Valley, AZ 2008 - present

Curriculum Committee Member, Program in Integrative Medicine, University of Arizona, Tucson, AZ June 2006 - 2007

Medical Staff, Cayuga Medical Center, Ithaca, NY 1996-2005

President Board of Directors, Ithaca's Integrative Community Wellness Center, Ithaca, NY 1997-2004

Hospicare Medical Advisory Committee, Ithaca, New York January 2003-2005

Acting Medical Director of Hospicare, Ithaca, New York October 2003 & April 2005

Medical Review Committee, St. Joseph's Hospital, 1993-1994

Executive Committee Member, Irvine Housestaff Association, UCI Medical Center, 1990-1992

Member, Curriculum Committee, Dept. of Family Medicine, UCI Medical Center, 1990-1991

Member, American Academy of Family Practice, 1987

Chairman, Buffalo AIDS Task Force, 1987

Member, AMSA's Humanistic Medicine Task Force, 1987

Member, SUNY at Buffalo Orientation Staff, 1987

Member, Board of Directors, Community Action Coalition, Georgetown University, 1986

Chairman, Health and Nutrition Division of Community Action Coalition, Georgetown University, 1986